

Bachelor of Sport and Recreation (BSR) – Year 3 (Awarded by AUT)

MOE Code		Level	7	Duration	1 academic year (full-time)
Site(s)	Whangārei (Kensington)			Intake(s)	Semesters 1 and 2
Delivery	Full-time, Intramural. Part-time option.				
Aim	<p>The BSR is a leading industry driven programme designed to address the increasing demand for skilled sport, recreation, health and fitness professionals, both in New Zealand and the global arena.</p> <p>The degree offers courses in exercise science, management, coaching, physical activity. Each equips students with world-class skills, enabling them to make a valuable and rewarding contribution to the sport and recreation industries.</p> <p>Third year students gain industry experience through an internship. These co-operative education courses involve a yearlong work experience programme run in conjunction with a wide range of sport and recreation organisations. Recent student placements have included national and regional sports trusts, local councils, sport and fitness facilities, event companies, outdoor recreation and community organisations, government agencies and secondary schools.</p>				
Graduate profile	<p>Graduates of this programme will be:</p> <ul style="list-style-type: none"> • Learners of self and others • Effective communicators • Adaptive and innovative • Critical thinkers • Research literate • Professional and global citizens • Knowledgeable in their field of study 				
Career options	<p>Career opportunities for graduates can include:</p> <ul style="list-style-type: none"> • Community recreation programmer • Corporate health and wellness adviser • Event or programme leader • Outdoor education instructor • Physical education teacher • School sports coordinator • Sport and recreation marketer • Sports sponsorship coordinator • Sport or fitness trainer • Coach. 				
Further study	<p>Options include a range of post-graduated programmes, in related fields, such as:</p> <ul style="list-style-type: none"> • Graduate Diploma in Secondary Teaching • Bachelor of Health Science (Honours) • Postgraduate Diploma in Business • Master of Health Practice • Master of Health Science • Master of Business • Doctor of Health Science 				
Award(s)	Bachelor of Sport and Recreation <i>Awarded by AUT</i>				
Completion requirements	120 credits achieved, including all compulsory courses as listed in the Programme Structure. <i>This programme has been accredited by NZQA. As it does not contain unit standards from the NZQF, credits are not reported to NZQA.</i>				
Entry requirements	<p>Students who have successfully completed the Diploma in Sport and Recreation at NorthTec will have automatic right of entry into this programme.</p> <p>AUT will award graduates a maximum of 240 points (credits) towards the Bachelor of Sport and Recreation (depending on the year of graduation from NorthTec).</p> <p>Students will be enrolled on their Programme with AUT.</p> <p>Applicants for whom English or Māori is not their first language are required to provide proof of an acceptable pass/grade gained in an accepted English language test. For more details, please refer to English Language Requirements in AUT's Academic Calendar or visit www.aut.ac.nz/calendar.</p>				
Additional information	<p>There may need to be limited choice in Year 3 because of the courses studied in Year 2.</p> <p>Upon enrolment, students will be counselled by appropriate NorthTec/AUT staff to confirm their course of study with the BSR delivered in Whangārei.</p> <p>Enrolment will take place no later than 4 weeks after the start of the teaching academic year.</p> <p>AUT encourages early application. Late applications will be accepted if the programme is not full.</p>				
Time limit for completion	Maximum of six years part time (for the entire programme).				
Programme structure					
AUT Code	AUT Title		Credits	Level	
Compulsory courses from AUT BSR Year 2 – if required					
516023	Legal Issues for Sport and Recreation		15	6	
516557	Sport and Recreation in Society		15	6	
AUT BSR Year 3 compulsory courses					
SPOR709	Sport and Recreation Co-operative I		30	7	
SPOR710	Sport and Recreation Co-operative II		30	7	
AUT BSR Year 3 electives					
SPC701	Athletic Conditioning		15	7	
517036	Leadership in Sport and Recreation		15	7	
SPOR707	Pedagogy and Performance		15	7	
516027	Sport and Exercise Nutrition		15	6	
AUT course prescriptors					
AUT Title		AUT Code	Credits	Level	
Athletic Conditioning		SPC701	15	7	
Aim: Advances information learned in 516009 <i>Exercise Science</i> and applies it to assessment and conditioning practice for sports performance with an emphasis on evidence based practice. Accessing and interpreting sports science research literature is integrated throughout.					
Leadership in Sport and Recreation		517036	15	7	
Aim: Provides an understanding of leadership in New Zealand as it applies to sport and recreation organisations. Examines contemporary aspects of leadership with a particular emphasis on leading change within a dynamic environment.					
Legal Issues for Sport and Recreation		516023	15	6	
Aim: Provides an understanding of the New Zealand legal environment as it applies to managing sport and recreation organisations, facilities, programmes and events. Covers contemporary aspects of legal requirements for the sport and recreation industry.					

AUT Title	AUT Code	Credits	Level
Pedagogy and Performance Aim: Develops a practical and critical thinking approach to performance in physical education, sport, recreation, dance, outdoors and the social context. Equips students with a range of practical, critical and reflective skills in these domains. It affords students an appreciation of what it is to be a lifelong learner in these domains and how differing pedagogies impact on individuals and their actions.	SPOR707	15	7
Sport and Exercise Nutrition Aim: Develops an understanding of the relationship between nutrition and optimal sports performance, addresses the dietary requirements for a variety of sports people as well as pertinent sports nutrition issues relating to athletes.	516027	15	6
Sport and Recreation Cooperative I Aim: Provides an opportunity for students to apply their knowledge and gain industry experience within a sport and recreation organisation. Critically reflects on the relationship between academic studies and practice and develops the capabilities of teamwork and problem solving.	SPOR709	30	7
Sport and Recreation Cooperative II Aim: Continue to gain industry experience and apply knowledge within the sport and recreation organisation selected in 517001. Complete, evaluate and present the industry related project for which the planning was done in 517001.	SPOR710	30	7
Sport and Recreation in Society Aim: Examines the nature and place of sport and recreation in New Zealand society from a sociological perspective. Included are topical issues such as gender, race and ethnicity, violence and drugs in sport, media influences and commercialism in sport both in New Zealand and overseas.	516557	15	6